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| Student Name (First Last):       Staff Initials:       Date:       |
| Massage Studies – Swedish Practitioner  |
| Certificate (DAY) |
| **Admissions Date:** Fall Quarter (Day) |
| **Contact email:** yvonne.meziere@cptc.edu **Program Counselor:** carolyn.vanbeek@cptc.edu |
| **Prerequisites:** A medical statement of health status from a primary care provider stating the student is able to safely participate in all aspects of the class is required to enter the program. That statement must be submitted to the instructor on the first day of class. Potential students entering the program must test at college level in reading and writing on the Accuplacer Assessment test or have completed English 94. Documentation of training in standard first-aid and CPR and a four-hour HIV/AIDS/Bloodbourne pathogens class, and a Washington State Patrol background check is required to progress to the second quarter. Some results from the background check may prevent individuals from participating in certain classes.  |
| ***Required General Education Classes*** |
| COLL 102 College Success for All | 3 |       |
| ***\*Indicates a course appropriate for a first-quarter student*** |
| Technical Program Courses | **Credits** | **Quarter Taken** |
|  |  MASST 112 Swedish Massage Theory\* | 4 |       |
|  MASST 120 Swedish Massage Practice\* | 4 |       |
|  MASST 110 Anatomy, Physiology & Pathology I\* | 5 |       |
|  MASST 116 Complementary Massage Modalities I\* | 3 |       |
|  MASST 126 Kinesiology: Upper Extremity\* | 2 |       |
|  MASST 130 Kinesiology: Trunk\* | 1 |       |
|  MASST 143 Massage Business Ethics I\* | 2 |       |
|  COLL 102 College Success for All | 3 |       |
|  |  MASST 132 Deep Tissue Massage Theory4 | 3 |       |
|  MASST 135 Deep Tissue Massage Practice | 4 |       |
|  MASST 111 Anatomy, Physiology & Pathology II | 5 |       |
|  MASST 136 Complementary Massage Modalities II | 2 |       |
|  MASST 137 Kinesiology: Head and Neck | 1 |       |
|  MASST 146 Kinesiology: Lower Extremity | 2 |       |
|  MASST 148 Massage Business and Ethics II | 1 |       |
|  MASST 162 Student Clinic | 2 |       |

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| ***Total Credits for Completion*** |  ***44*** |
| Identify additional preparatory math or English courses you may need to take: If placement scores are below English 91 and/or Math 92, contact the Adult Basic Education (ABE) for classes, Building 10 (253) 589-5702 |
| **Developmental English** |
| * ENG 091 Basic Reading & Writing
 | 5 |       |
| * ENG 094 Advanced Reading & Writing
 | 5 |       |
| Quarterly Self Planning Grid |
| **Quarter 1** | **Quarter 2** | **Quarter 3** | **Quarter 4** |
| Class:       | Class:       | Class:       | Class:       |
| Class:       | Class:       | Class:       | Class:       |
| Class:       | Class:       | Class:       | Class:       |
| Class:       | Class:       | Class:       | Class:       |
| **Notes:**       |

***\*Please check in periodically with Advising and Counseling regarding any potential changes to program course requirements***