|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Student Name (First Last):       Staff Initials:       Date: | | | | | | | | |
| Esthetics Degree | | | | | | | | |
| Associate of Applied Technologies Degree (AAT) | | | | | | | | |
| **Admissions Date:** Fall, Winter, Spring and Summer quarters. **Program Counselor:** carolyn.vanbeek@cptc.edu | | | | | | | | |
| **Contact email:** [maureen.shields@cptc.edu](mailto:maureen.shields@cptc.edu); [melissa.siedlicki@cptc.edu](mailto:melissa.siedlicki@cptc.edu); jennifer.whipple@cptc.edu | | | | | | | | |
| *AAT Required General Education Courses* | | | | | **Credits** | | **Quarter**  **Taken** | |
| COLL 102 College Success For All | | | | | 3 | |  | |
| ENGL& 101 English Composition (or higher), **or** CMST& 220 Public Speaking ***(pre-req ENG 094 or placement)*** | | | | | 5 | |  | |
| PSYC& 100DIV (or other diversity course) | | | | | 5 | |  | |
| Any 100-level Math Course ***(pre-req MAT 092 or 094 or placement scores) or*** MAT 111 Math for Cosmetology and Esthetics Professions ***(Preferred)*** ***(pre-req MAT 092)*** | | | | | 5 | |  | |
| BIOL& 175 Human Biology w/Lab **OR** BIOL& 160 General Biology w/Lab ***(pre-req ENG 094 or placement scores)*** | | | | | 5 | |  | |
| ***AAT Required General Education Courses Total Credits*** | | | | | ***23*** | |  | |
| ***\*Indicates a course appropriate for a first-quarter student*** | | | | | | | | |
| Technical Program Courses | | | | | **Credits** | | **Quarter Taken** | |
| Qtr. 1 | ES 105 Anatomy and Physiology for Estheticians\* | | | | 2 | |  | |
| ES 110 Histology and Physiology of the Skin\* | | | | 4 | |  | |
| ES 113 Introduction to Cosmetic Chemistry\* | | | | 3 | |  | |
| ES 116 Medical Chart Notation and Medical Terminology for Estheticians\* | | | | 4 | |  | |
| ES 120 Skin Diseases and Disorders\* | | | | 5 | |  | |
| ES 123 Bacteriology, Salon Safety and Sanitation\* | | | | 4 | |  | |
| Qtr. 2 | ES 114 Facial Procedures  4 | | | | 5 | |  | |
| ES 118 Temporary Hair Removal | | | | 4 | |  | |
| ES 130 Makeup Applications | | | | 2 | |  | |
| ES 132 Skin Care and Body Treatments  3 | | | | 4 | |  | |
| ES 134 Machine Facials | | | | 4 | |  | |
| ES 137 Spa Clinic Operations | | | | 1 | |  | |
| Qtr. 3 | ES 136 Microdermabrasion and Superficial Peels | | | | 4 | |  | |
| ES 140 Clinical Applications 1 | | | | 7 | |  | |
| ES 145 Corrective Concealing Makeup | | | | 3 | |  | |
| ES 154 Advanced Skin Care and Massage Techniques | | | | 5 | |  | |
| ES 159 Intro to Bus. Planning and Professional Dev. | | | | 1 | |  | |
| Qtr. 4 | ES 141 Clinical Applications 2 CL | | | | 5 | |  | |
| ES 149 Laser Theory and Applications | | | | 5 | |  | |
| ES 150 Medium Depth Peels | | | | 2 | |  | |
| ES 153 Advanced Cosmetic Chemistry for Estheticians CL | | | | 3 | |  | |
| ES 157Business Plan & Professional Development CAP | | | | 2 | |  | |
| ES 158 State Board Prep | | | | 2 | |  | |
| ***Esthetics Technical Program Courses Credits*** | | | | | ***81*** | | |  |
| ***Total Credits for Completion*** | | | | | | ***104*** | |  |
| **Identify additional preparatory math or English courses you may need to take: If placement scores are below English 91 and/or Math 92, contact the Adult Basic Education (ABE) for classes, Building 10 (253) 589-5702** | | | | | | | | |
| **Developmental Math** | | | | | | | | |
| * MAT 092 Pre-Algebra ***(must complete prior to MAT 105, MAT 103, MAT 111)*** | | | | | 5 | |  | |
| * MAT 094 Introduction to Algebra ***(must complete prior to, MAT 108)*** | | | | | 5 | |  | |
| * MAT 099 Intermediate Algebra ***(must complete prior to MAT 110, MATH& 141, MATH& 146)*** | | | | | 5 | |  | |
| **Developmental English** | | | | | | | | |
| * ENG 091 Basic Reading & Writing | | | | | 5 | |  | |
| * ENG 094 Advanced Reading & Writing | | | | | 5 | |  | |
| Quarterly Self Planning Grid | | | | | | | | |
| **Quarter 1** | | **Quarter 2** | **Quarter 3** | **Quarter 4** | | | | | |
| Class: | | Class: | Class: | Class: | | | | | |
| Class: | | Class: | Class: | Class: | | | | | |
| Class: | | Class: | Class: | Class: | | | | | |
| Class: | | Class: | Class: | Class: | | | | | |
| **Quarter 5** | | **Quarter 6** | **Quarter 7** | **Quarter 8** | | | | | |
| Class: | | Class: | Class: | Class: | | | | | |
| Class: | | Class: | Class: | Class: | | | | | |
| Class: | | Class: | Class: | Class: | | | | | |
| Class: | | Class: | Class: | Class: | | | | | |
| **Notes:** | | | | | | | | | |

***\*Please check in periodically with Advising and Counseling regarding any potential changes to program course requirements***